

Learning From Each Other

This has been a year of growth and accomplishment for the Intergenerational Teaching-Learning Communities Program (ITLC). In the summer of 2006, Community Care East York (CCEY) received United Way support for a youth “middle years” Intergenerational Program. This joint program with Thorncliffe Neighbourhood Office (TNO) combines CCEY’s years of experience working with senior volunteers in the East York area with TNO’s knowledge of working with the youth in Thorncliffe Park and other Toronto schools.

Both CCEY and TNO recognized the importance of providing a safe environment for youth to congregate, with appropriate activities and support as well as fostering seniors contributing to their communities. Having worked extensively with seniors and intergenerational services, CCEY recognizes the synergy that occurs when youth and seniors are placed together. Seniors respond to the energy and enthusiasm of youth. Young people, many of whom do not have grandparents or elders in their lives, benefit from having interaction with

an older generation. Youth have an opportunity to share their experiences with an attentive senior. The senior enjoys the interaction and enjoys the fact that they are contributing to their community and helping to develop the next generation of leaders.

Program highlights include computer classes for senior by the youth, crafts and hobbies shared by the seniors such as photography, woodwork, knitting, sewing and movie reviews.

In 2007 Alison Steele from ING Canada presented CCEY with a cheque for \$5,000 for the IT-LC school program. Ms. Steele visited the Thorncliffe Park School and had the opportunity to meet with program staff, volunteers and participants and stated that ING Canada was very happy to support this wonderful program. (see photograph)



ITLC volunteer, Dawn Rowe, shares her time and talents with students at Thorncliffe Park Public school.

Plans to continue enhancing the IT-LC school program and to increase programming for youth in their middle years is underway. We thank United Way and ING Canada for their support. financial

Mission Statement

Community Care East York is a community-based agency committed to providing quality services that promote independence, good health, and well-being.

Vision

To be a leader in responding sensitively and effectively to community needs.

A Message from the Executive Director

Spring is in the air at Community Care East York and we are emerging from winter with a new vitality and vision for 2007.

During the past few months, several changes took place within the Ministry of Health-Long Term Care Division to accommodate the planned alignment with the Toronto Central LHINs. During this time, CCEY embraced a number of leadership opportunities with partners to further develop its capacity and involvement within the sector. Highlights of these opportunities include: Back office project focusing on improving information management; membership on the e-health and Back Office Toronto Central LHIN councils; co-lead in a Solutions project for access and referral of vulnerable seniors within East York.



Daphne Doak,
Executive Director

This is a significant undertaking for CCEY as it involves a major commitment of staff and volunteer time and resources in order to meet the standards of excellence established by the Council. I am confident that staff and volunteers will once again rise to the occasion.

Our health and wellness focus continues to develop to better serve our culturally diverse community. Expansion of our wellness and intergenerational programs has led to increased programming and community

engagement within the Thorncliffe and Flemingdon Park and Crescent

Town areas. Our Chinese Seniors program has doubled its membership since its inception and continues to offer an array of programs to meet the needs of the Chinese community. We will continue our enhance these and other wellness programs in the future.

CCEY continues to address it's strategic priorities. One of these priorities is to continually improve our services and organization's effectiveness in order to provide better and safe care to our clients. To this end we are meeting this commitment by participating in our second formal accreditation process with the Canadian Council on Health Services Accreditation in the spring of 2008.

As spring takes hold and energy abounds, staff continue to strive for excellence to achieve the best possible care for our clients. I am grateful for their hard work and the commitment of all our volunteers, partners and funders who believe in what we do. We look forward to continued success in the coming months.



On behalf of the Board of Directors and the staff, we wish you a safe and enjoyable summer!



You can Make a Difference

Donate

Seniors, caregivers, and people with disabilities are often pressured into moving into institutions as their health declines. At a time when they are facing deteriorating health, they are also grappling with the emotional upheaval of leaving their home. Community Care East York provides a wide range of wellness and in-home support services that enable seniors and people with disabilities to continue living in their own homes where they prefer to live. ***Please give generously to Community Care East York, Give choice back to our elderly and help us preserve their right to continue living in their own home.*** To make a donation, please complete the enclosed card. Your contribution makes a difference.

Volunteer

We have many volunteer opportunities. Become a Friendly Visitors and Escorts. Friendly visitors provide companionship to isolated and frail seniors in the East York area. Join our IT-LC program where volunteers called "grandpersons" share hobbies and craft with grade 4 or 5 students in east Toronto schools. For more information call 416-422-2026.

AROUND THE AGENCY

Sarah Blackwood, Community Care East York's Adult Day Program Supervisor has been recruited by the United Way's Speakers Bureau. Speakers are sent to fundraising campaigns to inspire donor agencies to give and motivate volunteers who fundraise for the United Way. By sharing success stories about people Community Care East York helps each day, Sarah will be the face and voice of the United Way, educating, informing and inspiring the community.



In keeping with our commitment to providing quality services based on best practices, CCEY offers innovative training opportunities to our Personal Support Workers. Since January 2007, 37 Personal Support Workers completed over 1,000 hours of training in a series of 20 certificate-based workshops. These workshops were delivered through Humber College and provided comprehensive information on such diverse care topics as: neurological disorders, Alzheimer's and dementia, palliative care and ethics and professionalism. More topics will be offered throughout the year!

Congratulations to Lorna Krawchuck this year's Agnes Macphail Award recipient. This award is presented to an East York resident for their outstanding contributions to the community. Lorna, a former member of CCEY's Board of Directors, is a volunteer with our Intergenerational Program sharing her love of knitting with children in Rolph Road and Bessborough Public Schools.

SPRING IS IN THE AIR....

Check out Community Care East York's Home Maintenance Program!

Our **students** and adults can help you with

- Shopping and errands
- Yard clean up
- Plant bulbs
- Weed gardens
- Unwrap lawn furniture
- Mow lawns
- And much more....

If you are interested or have any questions please call **Joan Menzies** the Home Maintenance Coordinator at **416-422-2026 ext. 259**

IMPORTANT UPCOMING EVENTS

ANNUAL GENERAL MEETING

Community Care East York will be holding its Annual General Meeting on June 4th from 11:15 a.m. to 2:00 p.m. at the Senior Centre located in Cosburn United Church at 1108 Greenwood Ave. For additional information or to **R.S.V. P.** please call **416-422-2026 ext 222.**



- The **Adult Day Program** will be hosting their Annual Caregiver Barbeque in July look for more details to follow.
- **O'Connor House** will be hosting their annual barbeque for the residents and their families on Sunday June 3rd at 2:00 p.m.

At the SENIOR CENTRE

- **Chinese Cultural Day** on Friday, May 25th at 1:30p.m. The Senior Centre and Vacation Plus welcome the Blair Court Chinese Seniors Social Club to a special event featuring "The Chiffon Dance Studio" doing native dances from the various regions of China.

Board of Directors 2006/2007

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George Hurst, Chair
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You can now reach
us on the web.

Please visit us at:
www.ccey.org



MEMBERSHIP IS FREE

As a registered member you

- actively show your support for our agency
- can vote at the Annual General Meeting

HOW TO BECOME A MEMBER

You can register online or call us at
416-422-2026

TO RENEW YOUR MEMBERSHIP

Please complete the enclosed form
and mail to us.

Planned Giving

Community Care East York has been providing vital services to seniors in the former borough of East York since 1985. We are able to maintain this level of service through the generosity of our donors. We would like to ask you to take a moment and read through our planned giving options. Please consider giving generously to support Community Care East York. Below are some of the ways our clients and their families have chosen to give in the past.

Family and Friends

Many family and friends choose to remember their loved ones through memorial gifts to Community Care East York.

Wills

Less than 7% of Canadians include non-profits in their estate planning. You could use your will to leave a specific amount, a percentage or even leave assets such as bonds, GICs, art or jewellery.

Beneficiary

RRSPs, Pensions, and insurance policies are great ways to make a charitable contribution to Community Care East York. Don't forget any premiums paid may also be tax deductible. It is important when considering a Planned Gift to consult with your family, your lawyer, financial advisor and/or insurance agent.

Thank you to our funders

- Toronto Central LHIN
- United Way of Greater Toronto
- City of Toronto
- Ministry of the Attorney General



United Way