

December 2010

	Sunday	Monday	Tuesday
<p>ADP PHONE: 416-422-2026 ext 298</p> <p>Madeline Brenda Reida Lianne Linh</p>  <p>WE WELCOME ALL COMMENTS AND SUGGESTIONS.</p> <p>Daily Health and Wellness Activities:</p> <ul style="list-style-type: none"> ◆ Nutritious Lunch ◆ 30 min. Fitness Program ◆ Physical & Mental Stimulation ◆ Socialization <p>Programs are planned and implemented based on client input, special monthly events and outings.</p> <p>Any program is subject to change, depending on client wishes/interests on any given day.</p>			
	5	<p>Deck The Halls!</p>  <p>Holiday Charade</p>	<p>Tree Trimming</p>  <p>Present Toss</p>
	12	<p>Holiday Prize Bingo</p>  <p>Holiday Concentration (Table Game)</p>	<p>Crafty Creation With Lianne</p>  <p>Picture This (Table Game)</p>
	19	<p>Would You Rather (Discussion Group)</p>  <p>Holiday Party</p>	<p>Bean Bag Diamond (Physical Game)</p>  <p>Festive Party</p>
	26	<p>Program Closed</p>	<p>Program Closed</p>

Adult Day Program Calendar of Events

Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Apples To Apples (Board Game)</p>  <p>Let's Decorate</p>	<p>2</p> <p>Bet Your Luck</p>  <p>Bowling (Physical Game)</p>	<p>3</p> <p>Holiday Craft</p>  <p>Deck The Halls</p>	<p>4</p>
<p>8</p> <p>Holiday Sing Along</p>  <p>Whoonu (Social Activity)</p>	<p>9</p> <p>Tree Trimming</p>  <p>Prize Bingo</p>	<p>10</p> <p>Wheel Of Fortune (Table Game)</p>  <p>Do You Get It?</p>	<p>11</p>
<p>15</p> <p>Holiday Bingo</p>  <p>The Ship Sails (Card Game)</p>	<p>16</p> <p>Holiday Perfect Puzzles</p>  <p>Santa Bean Bag fun (Physical Game)</p>	<p>17</p> <p>Busy Bakers (Baking)</p>  <p>Scattategories (table Game)</p>	<p>18</p>
<p>22</p> <p>Do You Get It?</p>  <p>Holiday Party</p>	<p>23</p> <p>Cover Up Frosty (Board Game)</p>  <p>Festive Party</p>	<p>24</p> <p>Program Closed</p>	<p>25</p> <p>Merry Christmas & Happy Holidays from all of us at Community Care East York!</p>
<p>29</p> <p>Newsworthy People 2010</p>  <p>Chase The Ace (Card Game)</p>	<p>30</p> <p>New Year's Pass The Parcel</p>  <p>The Fishing Game (Physical Game)</p>	<p>31</p> <p>Entertainment With Martin</p>  <p>New Years Eve Celebration</p>	