









February 2011

	Sunday	Monday	Tuesday
<p>ADP PHONE: 416-422-2026 ext 298</p> <p>Madeline Brenda Reida Lianne Linh</p>  <p>WE WELCOME ALL COMMENTS AND SUGGESTIONS.</p> <p>Daily Health and Wellness Activities:</p> <ul style="list-style-type: none"> ◆ Nutritious Lunch ◆ 30 min. Fitness Program ◆ Physical & Mental Stimulation ◆ Socialization <p>Programs are planned and implemented based on client input, special monthly events and outings.</p> <p>Any program is subject to change, depending on client wishes/interests on any given day.</p>			<p>Crafty Creations with Reida</p>  <p>Animal Crackers (Dice Game)</p>
	6	7	8
		<p>Ring Flyer (Physical Game)</p>  <p>Uno (Card Game)</p>	<p>Prize Bingo</p>  <p>Chair Yoga</p>
	13	14	15
		<p>Card Sharks</p>  <p>Valentine's Day Party</p>	<p>Bean Bag Fun (Physical Game)</p>  <p>Winter Perfect Puzzles</p>
	20	21	22
	<p>FAMILY DAY PROGRAM CLOSED</p>	<p>Keep The Dice Rolling (Board Game)</p>  <p>Relaxation Therapy</p>	
27	28		
	<p>Prize Bingo</p>  <p>Bean Your Neighbour (Dice Game)</p>		

Adult Day Program Calendar of Events

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">2</p> <p style="text-align: center;">Pyramid</p>  <p style="text-align: center;">Celebrating Chinese New Year</p>	<p style="text-align: right;">3</p> <p style="text-align: center;">Prize Bingo</p>  <p style="text-align: center;">Pay Or Play (Card Game)</p>	<p style="text-align: right;">4</p> <p style="text-align: center;">Wheel of Fortune</p>  <p style="text-align: center;">Bowling (Physical Game)</p>	<p style="text-align: right;">5</p>
<p style="text-align: right;">9</p> <p style="text-align: center;">Scategories</p>  <p style="text-align: center;">Headbandz (Board Game)</p>	<p style="text-align: right;">10</p> <p style="text-align: center;">Plinko Pitch (Physical Game)</p>  <p style="text-align: center;">BlackJack (Card Game)</p>	<p style="text-align: right;">11</p> <p style="text-align: center;">Famous Couples (Trivia)</p>  <p style="text-align: center;">Valentines Craft</p>	<p style="text-align: right;">12</p>
<p style="text-align: right;">16</p> <p style="text-align: center;">Prize Bingo</p>  <p style="text-align: center;">Whoonu</p>	<p style="text-align: right;">17</p> <p style="text-align: center;">Crokinole</p>  <p style="text-align: center;">Flower Garden (Card Game)</p>	<p style="text-align: right;">18</p> <p style="text-align: center;">Snip Snap (Card Game)</p>  <p style="text-align: center;">Journey through the 20th Century (Reminiscing Group)</p>	<p style="text-align: right;">19</p>
<p style="text-align: right;">23</p> <p style="text-align: center;">Armchair Travel</p>  <p style="text-align: center;">Through the Window (Card Game)</p>	<p style="text-align: right;">24</p> <p style="text-align: center;">Monopoly</p>  <p style="text-align: center;">Memory Mat (Reminiscing Group)</p>	<p style="text-align: right;">25</p> <p style="text-align: center;">Fondue Fun</p>  <p style="text-align: center;">Crazy 8 Countdown (Card Game)</p>	<p style="text-align: right;">26</p>