


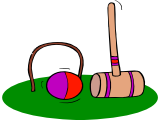













# January 2011

	Sunday	Monday	Tuesday
<p>ADP PHONE: 416-422-2026 ext 298</p> <p><b>Madeline Brenda Linh Lianne Reida</b></p>  <p><b>WE WELCOME ALL COMMENTS AND SUGGESTIONS.</b></p> <p><b>Daily Health and Wellness Activities:</b></p> <ul style="list-style-type: none"> <li>◆ Nutritious Lunch</li> <li>◆ 30 min. Fitness Program</li> <li>◆ Physical &amp; Mental Stimulation</li> <li>◆ Socialization</li> </ul> <p>Programs are planned and implemented based on client input, special monthly events and outings.</p> <p>Any program is subject to change, depending on client wishes/interests on any given day.</p>			
	2	3	4
		<b>PROGRAM CLOSED</b>	<p><b>New Year's Prize Bingo</b></p>  <p>Yahoo</p>
	9	10	11
		<p><b>Bonko</b></p>  <p><b>Hit the deck (Card Game)</b></p>	<p><b>Balloon Volleyball</b></p>  <p><b>Big and Small (Table Game)</b></p>
	16	17	18
		<p><b>Celebrating Martin Luther King</b></p>  <p><b>Ring Toss (Physical Game)</b></p>	<p><b>Crafty Corner With Lianne</b></p>  <p><b>Rings and Pins (Physical Game)</b></p>
	23	24	25
		<p><b>Target Twister</b></p> <p><b>Ace High</b></p>	<p><b>Home Lotto (Table Game)</b></p>  <p><b>Baking with Brenda</b></p>
	30	31	
		<p><b>Dominoes</b></p> <p><b>Jackpot!</b></p>	

# Adult Day Program Calendar of Events

Wednesday	Thursday	Friday	Saturday
1			
			
5	6	7	8
<p><b>Croquet</b> (Physical Game)</p>  <p><b>Table Frazzle</b> (Table Game)</p>	<p><b>Battle of the Numbers</b> (Card Game)</p>  <p><b>Around the spot</b> (Dice Game)</p>	<p><b>Bean Bag Fun</b> (Physical Game)</p>  <p><b>Everest</b> (Dice Game)</p>	
12	13	14	15
<p><b>Scrabble</b> (Word Game)</p>  <p><b>Entertainment with Tom</b></p>	<p><b>The Horse Race Game</b> (Board Game)</p>  <p><b>Chinese Checkers</b> (Board Game)</p>	<p><b>Skeeball</b> (Physical Game)</p>  <p><b>Just for Laughs!!</b></p>	
19	20	21	22
<p><b>Prize Bingo</b></p>  <p><b>Apples to Apples</b> (Table Game)</p>	<p><b>Fishing Game</b> (Physical Game)</p>  <p><b>Card Sharks</b> (Card Game)</p>	<p><b>Family Feud</b></p>  <p><b>Red Skelton Comedy Hour</b></p>	
26	27	28	29
<p><b>Guess Who?</b></p>  <p><b>Wii Sports</b> (Physical Game)</p>	<p><b>Go Fish</b> (Card Game)</p>  <p><b>Outburst</b> (Table Game)</p>	<p><b>Name that Personality</b> (Trivia)</p>  <p><b>The Ugame</b> (Card Game)</p>	