






March 2011

	Sunday	Monday	Tuesday
<p>ADP PHONE: 416-422-2026 ext 298</p> <p>Madeline Brenda Reida Lianne Linh</p>  <p>WE WELCOME ALL COMMENTS AND SUGGESTIONS.</p> <p>Daily Health and Wellness Activities:</p> <ul style="list-style-type: none"> ◆ Nutritious Lunch ◆ 30 min. Fitness Program ◆ Physical & Mental Stimulation ◆ Socialization <p>Programs are planned and implemented based on client input, special monthly events and outings.</p> <p>Any program is subject to change, depending on client wishes/interests on any given day.</p>			<p>1</p> <p>Bean Bag Fun (Physical Game)</p>  <p>Bingolo (Card Game)</p>
	6	7	8
		<p>Ring Flyer (Physical Game)</p>  <p>Uno (Card Game)</p>	<p>8</p> <p>Craft Creation With Reida</p> <p>Flower Power (Dice Game)</p>
	13	14	15
		<p>Jenga</p>  <p>Uno (Card Game)</p>	<p>15</p> <p>Home Lotto (Board Game)</p>  <p>Coin Toss (Physical Game)</p>
	20	21	22
	<p>21</p> <p>Bean Your Neighbour</p> <p>Entertainment With Martin</p>	<p>22</p> <p>Ring Flyer (Physical Game)</p>  <p>Big and Small (Table Game)</p>	
	28	29	
	<p>Mountain (Dice Game)</p>  <p>Creative Hands (Craft)</p>	<p>29</p> <p>Keep the dice Rolling (Dice Game)</p>  <p>Going to Boston (Dice game)</p>	

Adult Day Program Calendar of Events

Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>Hollywood Square (Trivia Game)</p> <p>Table Talk Group (Reminiscing Talk)</p>	<p>3</p> <p>Horseshoes (Physical Game)</p>  <p>Slap Jack (Card Game)</p>	<p>4</p> <p>Life and Learning (Social Activity)</p>  <p>Indoor Gardening With Reida</p>	<p>5</p>
<p>9</p> <p>Mad Gab</p>  <p>Pass the Parcel (Mental Stimulation)</p>	<p>10</p> <p>Straight Shooter (Dice game)</p>  <p>Aces in the Pot (Dice Game)</p>	<p>11</p> <p>Prize Bingo</p>  <p>Croquet (Physical Game)</p>	<p>12</p>
<p>16</p> <p>Prize Bingo</p>  <p>"Green" Trivia</p>	<p>17</p> <p>Horse Race Game (Board Game)</p>  <p>St. Patrick's Day Party</p>	<p>18</p> <p>Pictionary (Picture Game)</p>  <p>Armchair Travel: Jamaica</p>	<p>19</p>
<p>23</p> <p>Celebrity Spotlight (Social Activity)</p>  <p>Scategories (Table Game)</p>	<p>24</p> <p>Washer Pitch (Physical Game)</p> <p>Spring Perfect (Puzzle Game)</p>	<p>25</p> <p>You Be The Judge</p>  <p>The Ship Sail (Card Game)</p>	<p>26</p>
<p>30</p> <p>Words of Wisdom (Discussion Group)</p>  <p>Bocce Ball (Physical Game)</p>	<p>31</p> <p>Spring Gardening</p>  <p>Bogart (Dice Game)</p>		