




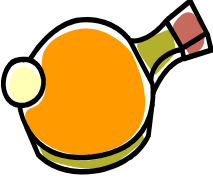


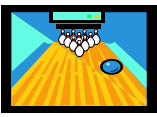


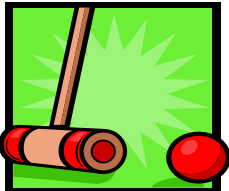


# November 2010

	Sunday	Monday	Tuesday
<p><b>ADP PHONE:</b> <b>416-422-2026</b> <b>ext 298</b></p>  <p><b>Madeline Brenda Reida Lianne Linh</b></p> <p><b>WE WELCOME ALL COMMENTS AND SUGGESTIONS.</b></p> <p><b>Daily Health and Wellness Activities:</b></p> <ul style="list-style-type: none"> <li>◆ <b>Nutritious Lunch</b></li> <li>◆ <b>30 min. Fitness Program</b></li> <li>◆ <b>Physical &amp; Mental Stimulation</b></li> <li>◆ <b>Socialization</b></li> </ul> <p><b>Programs are planned and imple- mented based on client input, special monthly events and outings.</b></p> <p><b>Any program is subject to change, depending on client wishes/interests on any given day.</b></p>		<p style="text-align: right;">1</p> <p><b>Prize Bingo</b></p>  <p><b>Big or Small (Table Game)</b></p>	<p style="text-align: right;">2</p> <p><b>On The Line</b></p>  <p><b>Jenga</b></p>
		<p style="text-align: right;">8</p> <p><b>Bean Bag Fun (Physical Activity)</b></p>  <p><b>Card Sharks</b></p>	<p style="text-align: right;">9</p> <p><b>Coin Toss (Physical Game)</b></p>  <p><b>Follow The Leader (Card Game)</b></p>
		<p style="text-align: right;">7</p> <p><b>Ring Toss</b></p>  <p><b>Concentration (Table Game)</b></p>	<p style="text-align: right;">15</p> <p><b>Crafty Creations With Reida</b></p>  <p><b>Picture This</b></p>
		<p style="text-align: right;">14</p> <p><b>Crokinole (Board Game)</b></p>  <p><b>Memory Mat (Table Game)</b></p>	<p style="text-align: right;">22</p> <p><b>Aces (Card Game)</b></p>  <p><b>Poker Fun (Dice Game)</b></p>
		<p style="text-align: right;">21</p> <p><b>Comedy Corner</b></p>  <p><b>Sevens (Card Game)</b></p>	<p style="text-align: right;">29</p> <p><b>Hit The Deck (Card Game)</b></p>  <p><b>Perfect Puzzle</b></p>

# Adult Day Program Calendar of Events

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">3</p> <p><b>Tai Chi with Moises</b></p>  <p><b>Ring Flyer Toss</b></p>	<p style="text-align: right;">4</p> <p><b>Family Feud</b></p>  <p><b>Dominoes</b></p>	<p style="text-align: right;">5</p> <p><b>Pictionary (Picture Game)</b></p>  <p><b>Scattergories (Board Game)</b></p>	<p style="text-align: right;">6</p>
<p style="text-align: right;">10</p> <p><b>Luuu Party Hawaiian Dancing by Lianne</b></p>  <p><b>Bocce Ball (Physical Game)</b></p>	<p style="text-align: right;">11</p> <p><b>Remembrance Day Celebration</b></p>  <p><b>Remember When?</b></p>	<p style="text-align: right;">12</p> <p><b>Ping Pong Toss</b></p>  <p><b>Bingolo (Card Game)</b></p>	<p style="text-align: right;">13</p>
<p style="text-align: right;">17</p> <p><b>Prize Bingo</b></p>  <p><b>Hot Chocolates and Hot Topics</b></p>	<p style="text-align: right;">18</p> <p><b>Just For Laughs</b></p>  <p><b>Black Jack (Card Game)</b></p>	<p style="text-align: right;">19</p> <p><b>Bowling (Physical Game)</b></p>  <p><b>Head Banz (Board Game)</b></p>	<p style="text-align: right;">20</p>
<p style="text-align: right;">24</p> <p><b>Diabetes and You (Group Discussion)</b></p>  <p><b>Wheel of Fortune</b></p>	<p style="text-align: right;">25</p> <p><b>The Horse Race Game (Board Game)</b></p>  <p><b>Chase The Ace (Card Game)</b></p>	<p style="text-align: right;">26</p> <p><b>Croquet (Physical Activity)</b></p>  <p><b>Crafty Corner</b></p>	<p style="text-align: right;">27</p>